

# SEPTEMBER 2018



# CELEBRATE EVERY DAY!



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b><u>National Senior Citizen Month!: Celebrate Every Day</u></b> No matter your age, we all have things to celebrate every day! Big or Small- come celebrate with us. By being yourself, celebrating helps us and others! Check out this calendar, our Facebook page or visit the Center to see how we're celebrating everyday and how you can join in the fun. We'll have prizes, games, treats, events, presentations, crafts and more!						1 What is your favorite way to celebrate? Do that and get ready for celebrations all month long!
2 Do something nice for someone else	3 Celebrate with family, BBQ's or just a nice day off	4 Carnival Games 	5 Free handmade gift 	6 Plant Pick Craft	7 Timpanogos Storytelling Festival	8 Watch your favorite movie or TV show
9 Take time to pray or meditate	10 Scooter Rodeo 	11 Bunco Bash and Games	12 "Cupcake" Walk	13 Brain Games 	14 Free give away 	15 Share a story with a family member
16 Read an uplifting thought	17 Golf Outing 	18 Talent Show	19 Clothespin Craft 	20 Tour and Lunch Event	21 Family Picture Share Fair 	22 Play a game with a friend or family member
23 Sing a song! 	24 Monday Movie Mania	25 Fall Season Craft	26 Brain Games	27 Free Gift	28 Birthday Celebration 	29 Read or listen to a book or article
30 Say Hi to a Friend or neighbor	<b><u>Remember we LOVE YOU and you deserve to celebrate your past, present and future- and the legacy you have built! Press forward and know how much we care for you!</u></b>					